

Generations *Communiqué*



Christmas gathering benefits clients



Generations staff and council members gathered December 9th at Green Activities Center on the VU campus for their annual Christmas all staff training and silent auction. Above, Jean Deem bids on a holiday centerpiece while Ruth Jackman ponders her next move. The auction raised a total of \$1,400 to be used to address emergency client needs that cannot be covered by program funds.



Above, Angie Dobbs spreads holiday cheer as one of Santa's elves and below, Ann Cardinal helps Stacey Kahre register for the day's festivities.



Special projects spread holiday cheer to all ages

RSVP LITTLE ELVES WORKSHOP
- At right, RSVP volunteers Judy Ruppel, Mary Studley and Mary Steinger wrap gifts for preschoolers participating in one of this year's Little Elves Workshops. The workshops gave a total of 784 children the opportunity to learn how to give to others at Christmas time when they are usually on the receiving end of gift giving.



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ANGELWORX BUILD*A*BASKET
- A total of 575 baskets filled with everyday necessities were donated making it possible for Generations to give a basket to every client in its six-county area.

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Tax Counseling for the Elderly starting soon

Generations is once again sponsoring the Tax Counseling for the Elderly and low income program. During January, volunteer tax consultants will be completing their required training and setting up TCE sites. Starting February 1st, residents in Knox, Daviess, Dubois, Martin and Pike counties can call Generations at 800-742-9002 or 812-888-5880 to find out how to make an appointment with a TCE counselor in their area.



CHRISTMAS CLEARINGHOUSE
- Generations' Knox County 2-1-1 served as the Christmas Clearinghouse again this year. Over 400 Vincennes families registered with 2-1-1 for Christmas assistance resulting in over 1,000 gifts being donated for area children. The gifts, donated by community groups and individuals, were sorted and distributed by RSVP volunteers.



to Case Manager Lynn Hecht who retired January 3. Generations applauds Lynn for his many years of service to his clients and his community.

A Matter of Balance coming to Jasper in January

Generations is offering A Matter of Balance class at Meadowood Apartments in Jasper beginning January 16th. A Matter of Balance is an award-winning program that emphasizes practical strategies to manage falls. Call Generations at 1-800-742-9002 to register.



Generations is now on **Facebook**

Start out the new year with a healthy aging class

Living a Healthy Life with Chronic Conditions classes (also known as Chronic Disease Self Management Program) will start in January in Greene and Knox counties.

This evidence-based program helps individuals with chronic conditions learn techniques to deal with problems associated with their condition.

GREENE COUNTY

In Greene County, the class will run from January 17 to February 28, each Tuesday from 9:30 a.m. until noon in the Conference Room at the Greene County Hospital Healthcare Office (brick building in front of Orschein and Goodies) on Highway 54 in Linton. Classes last 6 weeks, but an extra Tuesday is included to allow one cancelled class due to inclement weather. RSVP by calling Generations at 1-800-742-9002, Polly Gettinger at 812-659-2122 or Karen Wathen at 800-847-9502.

KNOX COUNTY

In Knox County, the class will run from January 17 to February 21, each Tuesday from 9 to 11:30 a.m. at Generations, Room 208, 1019 N. 4th Street, Vincennes. RSVP by calling Generations at 888-5880.

Both classes are free and each participant receives a complimentary book.



FOUR CERTIFIED AS LEADERS - Back row, from left, Susan Kirby, Sandy Carpenter, Sheri Phillips and Alma Kramer completed training to offer Living a Healthy Life with Chronic Conditions (also known as Chronic Disease Self Management Program). Providing the two-day training were Master Trainers, front row, from left, Jane Henry and Sylvia Albaugh.

Rep. Bucshon in Linton January 12th

A question and answer session with Congressman Larry Bucshon is scheduled for Thursday, January 12, from 1 to 2:30 p.m., at the Linton Public Library, 95 First Street SE.

A member of Congressman Bucshon's staff was present for the AARP listening session held at the Linton Park in November 2011. Hot topics at that session included potential alterations to Medicare and Social



REP. BUCSHON

Security.

The purpose of both the listening session and this follow up question and answer session is to provide a forum for older adults to speak about their concerns and opinions regarding legislation around these

issues.

Seating is limited. If you would like to attend the session please contact Sheri Phillips at 1-800-7423-9002 or sphillips@vinu.edu.



Mark your calendar

- January 14 - Memorial Hospital and Health Care Center in Jasper is sponsoring "Women of the Heartland," a special morning program devoted to women's health, at the Huntingburg Event Center. The program will begin at 9 a.m., and end at noon. Preregistration is required. Call 812-996-2352. In lieu of an admission fee, donations will be accepted for the integrative Medicine program at Memorial Hospital.
- January 26 - Generations Advisory Council meets at 10 a.m. at Vincennes University.

KUDOS GO TO . . .

- **Ashley Seprodi and her SHIP counselors Josh Seprodi, Jill Williams, Mary Rund and Pat Summers** for providing assistance to 114 people during Medicare's Open Enrollment Period. Special thanks to Sherry Doll for making appointments.
- **Angela Dobbs** and all her helpers who made sure every family on the Christmas

Clearinghouse list had a Merry Christmas.

- Christmas/Auction Committee members **Connie Miller, Connie Deckard, Joshua Seprodi, Ann Cardinal, Linda Yochum, Susan Boyles, Brian Hurt and Sally Davis** for organizing a wonderful Christmas celebration and training.

