

**Are you 50+ or providing care for a loved one?
Then make plans to attend**



Stand Up To Falls

Learn what you can do to *stay strong* and *prevent falls*

Date: Tuesday, September 21, 2010

**Time: Registration 8 a.m.
Event 8:45 a.m. to 2 p.m.**

**Place: Arnold F. Habig Center
1301 St. Charles, Jasper, IN 47546**

Cost: \$10 per person

Make Checks Payable to Dubois County Public Health Department & Mail to Habig Center

Keynote Speaker: Pat Koch, Director of Values at Holiday World

Presenters: Kelly Fehrenbacher, MD, Craig Fehrenbacher, LMFTA

John E. Toy, Rph, PharmD and Chris Pund, RN

- Vendor Fair
- Exercise Demonstrations
- Home Safety Assessment
- Lunch by Norm's Market
- Vision Screening
- Massage
- Flu Shots (available for a fee)
- Door Prizes

**Call Arnold F. Habig Center by September 14
(812) 482-4455 for reservations**

Sponsored by:



Dubois County Public Health Partnership
An Indiana Public Health System Quality Improvement Project

Community Partners

**Arnold F. Habig Community Center, Dubois County Health Department,
Generations, Kimball International, TRI-CAP RSVP,
Memorial Hospital and Health Care Center**